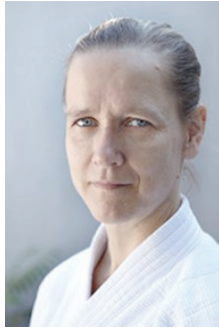




AIKIDO SUMMERCAMP

Summer course 07/29 - 08/04/2017

with



Anita Köhler
6. Dan Aikikai



Matthias Lange
5. Dan Aikikai



Axel Busknovitz
5. Dan Aikikai

Place

Nordperdhalle in Göhren on the island of Rügen, Germany
Gerhart-Hauptmann-Straße 1
D-18586 Göhren

Prices

96,- Euro for the whole course
35,- Euro for the weekend
20,- Euro for one day

Training times

10:00 – 11:15 **Sword**
11:15 – 12:30 **Aikido**
12:30 – 13:30 **Stock**, with Axel Busknovitz
16:00 – 17:00 **Aikido**, with Matthias Lange
17:00 – 18:00 **Internal Power and Aiki**
18:00 – 19:00 **Aikido**

Internal Power and contents of Aiki

Destabilizing the partner by using biomechanical principles, energy in one's own body and that of the partner feel and control, create energy lines and use the Nei Gong in Aikido.

Further notes

You can sleep in the hall for 7,- Euro the night, please register for it. Cooking facilities and common delicious breakfast is available. Campsite: 038308/90120 or holiday apartment via Göhren Tourist Board: 038308/25938 (book in time). Please bring along your Bokken.

Sign up

by registration form on aikido-ostseecamp.de